



Founded in 2004, the **Knit for the Cure™ Campaign** recruits knitters & crocheters from all over the United States to make handmade scarves, hats, purses, pins, etc., all incorporating the color pink. To date, hundreds of items have been collected here in San Diego and sold at Komen events raising over \$30,000 to support breast cancer patients and to fund breast cancer treatment and services through Susan G. Komen for the Cure® in San Diego. 100% of the proceeds will support breast cancer research, treatment and education. 75% stays right here in San Diego and the remaining 25% is donated to Komen National to fund important research programs.

## How to get involved

Grab some yarn and needles and whip something up. Hats and scarves are always a hit. Perhaps you would like to make a pair of fingerless mitts, a shawl or a headband... the possibilities are endless! Then, drop off or mail your knitted/crocheted donation to the San Diego Affiliate's offices at Susan G. Komen for the Cure®, 4699 Murphy Canyon Road, Ste. 201 B, San Diego, CA, 92123. Donations are also being accepted at Yarning For You, 1001 West San Marcos Boulevard #180, San Marcos, CA 92078. Be sure to include your name and address with your donation. If you would like, you may also include a note sharing your "reason" for participating in this worthwhile cause. Perhaps you would like to make your donation in memory of someone special. Donations will be accepted until November 1<sup>st</sup>.

Your creations will be sold at various events, including the 2010 Race for the Cure® on Sunday, November 7, 2010 in San Diego's Balboa Park.

Please contact Barbara LaMark, Knit for the Cure Chairperson for Susan G. Komen for the Cure® in San Diego if you have any questions or need further information. Reach her at 858-573-2760, or by email: [barbara.susankomen@gmail.com](mailto:barbara.susankomen@gmail.com).

