

SUSAN G. KOMEN FOR THE CURE

2009 Community Grants

Making a Difference in San Diego County



Since 1982, Susan G. Komen for the Cure has been the world's largest grassroots network of breast cancer survivors and activists fighting to save lives, empower people, ensure quality care for all and energize science to find the cures. Each year events like the Komen San Diego Race for the Cure® and the Breast Cancer 3- Day® raise significant funds and awareness for breast cancer, celebrating breast cancer survivorship and honoring those who have lost their battle with the disease. Up to 75 percent of the funds generously donated remain here in San Diego to fund programs to help uninsured and underinsured San Diegans for every step of the breast health journey. The remaining 25 percent of every donation funds important national research. In fact, next to the U.S. government, Komen is the largest funder of breast cancer research in the world.

Here in San Diego, where we've been active since 1995, we've provided more than \$8 million to local organizations. For 2009, a record-breaking \$1.2 million will fund 29 programs in San Diego County — everything from education, outreach, mammograms and diagnostics, to surgeries, chemotherapy, radiation and material and financial support like meals, mortgage payments, child care, prosthetics and wigs.

Find out more at www.KomenSanDiego.org

ASIAN PACIFIC HEALTH CENTER

Breast Cancer Early Detection for Asian and Pacific Islander Americans
619-582-2360

www.aphcenter.org

Asian Pacific Health Center's ultimate goal is to improve health disparities among Asian Pacific Islander populations by increasing the percentage of women getting breast exams and mammograms.

BREAST CANCER NETWORK OF STRENGTH

A Day for You

858-625-4667

www.networkofstrength.org

A free and confidential program devised to promote breast health awareness and facilitate access to breast screening services in the medically-underserved populations in communities throughout San Diego County. This program provides culturally-specific and appropriate breast health and breast cancer information and education to Latina women.

BREAST CANCER SOLUTIONS

Metastatic Breast Cancer Fund
Temporary Financial Aid Program
866-960-9222

www.bcsurvivors.org

These programs provide financial assistance to individuals in San Diego County who experience financial distress due to breast cancer treatment. This may include payment for rent/mortgage, utilities and other life-supporting expenses for breast cancer patients. This program is geared to support people undergoing breast cancer treatment for a duration up to several months, the duration which many individuals are unable to work due to breast cancer treatments.

COMMUNITY CLINICS HEALTH NETWORK

Breast Cancer Diagnostic Pool
619-542-4342

www.ccc-sd.org

Provides funding to 15 Community Clinics organizations across San Diego County to help meet the breast health needs of women under 40 who have no other source of funding for life-saving mammograms and diagnostics.

FAMILY HEALTH CENTERS OF SAN DIEGO

Lesbian Gay Bisexual Transgender Breast Health Program and
The Patient Navigator Program

619-515-2300

www.fhcsd.org

The Lesbian Gay Bisexual Transgender Breast Health program will promote culturally competent breast health education, screening and treatment.

The Bicultural Patient Navigator Program, located at Logan Heights Family Health Center, promotes women's screening, diagnostics, treatment, and follow-up adherence by increasing a patient's knowledge and access to healthcare, addressing barriers, and increasing coping skills and sense of empowerment.

GUAM COMMUNICATIONS NETWORK

Guahu I Suruhana (I am my healer)

619-294-4826

A Patient Navigator program will be added this year to the Chamorro Breast Cancer Program — providing a continuum of care for Chamorro breast cancer patients and survivors.

INDIAN HEALTH COUNCIL

Benefit of Women

760-749-1410

www.indianhealth.com

This program works with nine San Diego County Native American reservations and associated areas to increase awareness of low cost/free mammogram screening services, and distribute appropriate breast health and breast cancer education materials.

JEWISH FAMILY SERVICE OF SAN DIEGO

A Jewish Response to Breast Cancer

877-537-1818

www.jfssd.org

Women of Ashkenazi Jewish descent have a disproportionately high risk and incidence of breast cancer. The program provides an aggressive outreach effort combined with screening navigation and access to culturally-based psychosocial services for these women.

KID'S KONNECTED

Families in Need: Psychosocial Support for Children Co-Survivors

800-899-3989

www.kidskonected.org

In this cost free program, kids meet face to face in age specific groups to discuss how a parent's breast cancer is impacting their lives. The group atmosphere is conducive to healing, as children share in one another's strength and in turn realize their own strength. Licensed therapists facilitate the meetings.

MAMA'S KITCHEN

Breast Cancer Outreach Project

619-233-6262 ext. 107

www.mamaskitchen.org

Breast cancer patients and their families will receive three meals a day through the most critical phases of treatment.

MOORES CANCER CENTER

Meeting the Unique Psychosocial Needs of Young Breast Cancer Survivors

858-882-6146

www.cancer.ucsd.edu

This program works to treat the unique psychosocial needs of younger breast cancer patients (18-45 years of age).

NEW DAY'S DAWN, INC.

Continuum of Care
619-596-4042
www.newdaysdawn.com

New Day's Dawn is a women's therapy center and medical boutique that provides lymphedema treatment, breast prosthesis and bras, post-surgical camisoles, compression garment, wigs, head-coverings, education programs, and complementary therapies. Continuum of Care bridges the gap between the breast cancer patient's cancer treatment team and ancillary provider ensuring an optimal quality of care and increased quality of life for the woman faced with a diagnosis of breast cancer.

PALOMAR POMERADO NORTH COUNTY HEALTH DEVELOPMENT, INC.

Komen-North County Breast Care Project
858-675-5457
www.pph.org

Provides access to diagnostic breast imaging services in North Inland San Diego County. Services will be provided without cost to low-income, uninsured, and primarily Hispanic residents. Patients are referred by their healthcare professionals because of identified breast abnormalities.

SAN DIEGO COUNTY CANCER NAVIGATOR

Breast Cancer Patient Navigator
Latinas con Cancer de Seno
866-324-2628

www.cancernavigator.org

San Diego County Cancer Navigator is the web portal to all the resources available for cancer patients in San Diego County. The website combines "live" help for breast cancer patients across San Diego County.

And now, a culturally competent Spanish website will educate and inform the Latina population about available local breast cancer related resources and provide an online Latina breast cancer support forum for patients, their caregivers and families.

SAN YSIDRO HEALTH CENTER

KOMEN - Cultural Competency and Access Project
Komen Patient Navigation and Survivor Support Program
619-205-6347
www.syhc.org

The Cultural Competency and Access Project will promote community education sessions on early detection, and provider training on culturally proficient methods to motivate African American women to receive clinical breast exams and mammograms. By incorporating community education, and provider education, patients who often fall through the cracks will receive much needed preventive breast screening services.

The Komen Patient Navigation and Survivor Support Program offers comprehensive support for low-income, uninsured Latinas who are diagnosed with, and recovering from, breast cancer. The program provides a Patient Navigator to answer questions, provide appropriate internal and external referrals, provide information about clinical trials to diagnosed patients, and to help patients navigate through the confusing medical and social services system.

SCRIPPS HEALTH/SCRIPPS CANCER CENTER

Scripps Breast Cancer Detection Program
858-554-5560
www.scripps.org/services/cancer-care

Provides women under 40 with free mammograms and diagnostic services at 24 community clinics.

SCRIPPS MERCY HOSPITAL CHULA VISTA

Scripps Mercy Breast Health Outreach and Education Program
619-691-7000
www.scripps.org

This program will continue to provide and expand culturally sensitive breast health education, including outreach and case management, to underserved Latina populations in the South Bay area of San Diego. The overall goal is to provide services to women and men by a mass media outreach effort.

SHARP CHULA VISTA MEDICAL CENTER

Diagnosis and Treatment
619-502-5364
www.sharp.com/chula-vista

The program goal is to provide a comprehensive diagnosis and treatment program for women under 40 and men in a bilingual, bicultural, and culturally-sensitive manner; to assess treatment options including ultrasound and biopsy services for low-income, uninsured patients who have been diagnosed with breast cancer; to coordinate clinical and surgical referrals as required; and, to ensure that 70% of participants receiving referrals will follow-up on the team's recommendations.

SHARP GROSSMONT HOSPITAL

Breast Health Patient Navigator , Vital Spirit
619-740-4731
www.sharp.com/grossmont

The Breast Health Patient Navigator serves as an educator and care coordinator for the needs of breast cancer patients. The navigator will be a point of contact for approximately 150 patients residing in San Diego's East County. Activities primarily focus on providing guidance, education, and referral to community resources.

Vital Spirit provides emergency financial assistance for costs not covered by insurance plans such as MRI; ultrasound; radiation therapy; ambulatory services; medications (related to breast cancer that are not available through pharmaceutical assistant programs); co-pays; nutritional supplements and supplies (wigs, breast prosthesis, compression garments.) 100% of the money is dispersed to patients.

SHARP METROPOLITAN MEDICAL CAMPUS

Lymphedema Education Program
858-939-5004
www.sharp.com

The primary purpose of this program is to address gaps in services by educating all post-surgical patients on lymphedema, etiology, possible prevention, management, exercise and nutrition. Appropriate materials and diagnostic-specific resources will be provided to each participant. This program will also provide sleeves at no cost to lymphedema patients who are on Medicare or MediCal.

THE REGENTS OF THE UNIVERSITY OF CALIFORNIA: UNIVERSITY OF CALIFORNIA, SAN DIEGO

Reaching the Pan-Asian Community with Breast Cancer Screening and Clinical Trials Education
858-534-7611

This program trains bilingual, bicultural Asian UCSD students to provide one-on-one education to Asian women about breast cancer screening and their participation in breast cancer research studies. This program will continue an education program reaching out to the community at Asian grocery stores; will add new sites in Adult English-as-a-Second language classes and other social venues.

VISTA COMMUNITY CLINIC

VCC Breast Health Screening Program, VCC Breast Health Support Services
VCC Breast Health Outreach and Education Program
760-631-5000
www.vistacommunityclinic.org

The first program provides services to all underserved women 40 and older in North County, emphasizing Latina, African American and Asian/Pacific Islander women. The goal is to ensure that a minimum of 90% of low-income, underserved, uninsured, minority women of Northern San Diego County who received a clinical breast exam at VCC also receive a mammogram.

The second program's goal is to reduce barriers that prevent low-income, uninsured women in North San Diego County from accessing Clinical Breast Exams, mammograms and follow-up care. To overcome barriers that impede this care, the program will provide transportation to increase access to breast health services, and will provide patient navigator activities that increase the efficiency and access to services.

The third program seeks to reach underserved populations with life-saving health education and clinic referrals, including African American, Hispanic, and Asian/Pacific Islander women, all of who face disproportionate rates of breast cancer. The program will continue outreach and will expand services to LGBT women.