



KOMEN SAN DIEGO RACE FOR THE CURE®

IMPORTANT EVENT DETAILS

You're registered for the Komen San Diego Race for the Cure®. To ensure that you have an enjoyable time at the event, please take a few minutes to review the following important event information.



NATIONAL SERIES SPONSORS



- EVENT DATE:** Sunday, November 6, 2011
- TIMES:** Expo open: 6:30 a.m. | Race start: 8:00 a.m.
- LOCATION:** Balboa Park - West side near 6th and Olive
- START LINE:** 6th and Palm
- FINISH LINE:** Balboa Drive south of Quince

SAVE TIME AND AVOID RACE DAY LINES! ATTEND A PRE-RACE REGISTRATION EVENT

Save time on Race day by joining us at one of the Pre-Race Registration Events. Come out and pick up your Race number and T-shirt and register any friends or family who still need to do so at one of these events.

Tuesday, November 1 from 10 a.m. to 7 p.m.
Road Runner Sports - 5553 Copley Drive, San Diego, CA 92111

Wednesday, November 2 from 10 a.m. to 7 p.m.
Road Runner Sports - 5617 Paseo Del Norte #100, Carlsbad, CA 92008

OPTIONAL TIMING:

If when you registered, you chose to be timed by selecting that option under the fees section of the entry form, you must wear a disposable timing tag on your shoe during the Race. Your timing tag will be attached to your bib number when you pick it up. If you registered as "5K Untimed," and wish to be timed, you may change your timing status and pay the additional fee at one of the Pre-Race Registration Events (see above) or on Race day.

DIRECTIONS TO THE RACE & PARKING:

From 5 south: Take the Sassafras (Airport) Exit. Turn left on Laurel heading east up to the top of the hill. Look for street parking near and around the west side of Balboa Park, and in available pay lots.

From Highway 163 southbound: Take University exit. Turn right on University, then left on 4th Avenue. Once you near Balboa Park begin to look for parking.

Do not attempt to drive to the Race staging area from the east side of Balboa Park, as you will not be able to drive across the Laurel Street Bridge.

There is street parking on 1st, 2nd, 3rd, and 4th Avenues between Upas and Grape. We strongly encourage you to carpool if possible, and allow extra time to walk from your car to the starting line.

RACE DAY TIME LINE:

6:30 a.m. Registration opens

6:30 a.m. Expo opens

6:30 a.m. Survivor Hospitality Tent opens

7:30 a.m. Survivors Ceremony

8:00 a.m. 5K Run/Walk Starts

(IMPORTANT NOTE: The Race starts promptly at 8 a.m. - late starters will not be allowed on the course.)

AWARDS:

Medals will be awarded to the top 3 overall breast cancer survivor finishers; top 3 female and male finishers in each of the five-year age groups. All awards will be distributed by mail after the Race. (Note: Only those opting to be timed are eligible for awards.)

RACE DAY REGISTRATION, TIMING TAG PICKUP & T-SHIRTS:

All timing tags and bib numbers not picked up prior to Race day at the Pre-Race Registration Events, may be picked up from the pre-registration tables on Race day starting at 6:30 a.m. Arrive early to give yourself plenty of time to claim your bib number. T-shirts are available for pickup at the Pre-Race Registration Event or on Race day. Team members receive their bib number and T-shirt only from their team captain.

BIB NUMBERS:

Your bib number must be worn on the front of your T-shirt or shorts, and be clearly visible at all times. Yellow colored bibs are for those who will be timed, white bibs are for those who will be untimed and pink bibs are for breast cancer survivors.

SAFETY FIRST:

For safety reasons and in consideration of those running the Race for time, when lining up to start, walkers and those who are not being timed (anyone with a white or pink bib) must stage in the back of the pack allowing runners only in the front. Strollers must stage at the back of the Race.

LATE REGISTRATION:

Invite friends and family who have not yet registered to do so Race day beginning at 6:30 a.m. at the registration tables. The Race day fees will be:

Adult untimed:	\$40	Adult timed:	\$55
Military with ID untimed.....	\$35	Military with ID timed.....	\$50
Child 12 and under untimed	\$28	Child 12 and under timed	\$43

TRIBUTE TO LOVED ONES:

We invite participants to recognize those special people who have been touched by breast cancer with "In Memory Of" and "In Celebration Of" back signs. These back signs will be available on Race day in the Survivor Hospitality Tent and from the Zeta Tau Alpha booths in the expo and team areas. The Breast Cancer Survivor Recognition Program is sponsored by Zeta Tau Alpha.

FUNDRAISING DOLLARS:

You may turn in your fundraising dollars at a Pre-Race Registration Event or wait until Race day and turn them in at the registration tent. All monies must be turned in by 12/6/11 to be eligible for prizes. Eight weeks following the Race, you'll receive an email with your reward dollar information. You can either donate your dollars back or download and spend on merchandise at shopkomen.com.

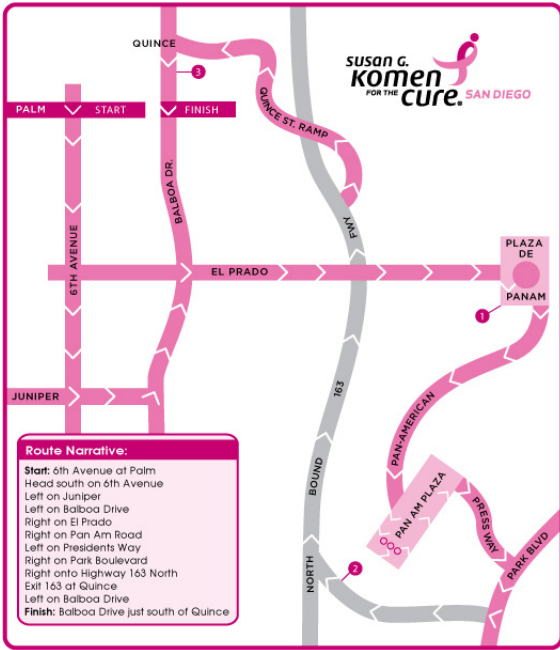
SURVIVOR HOSPITALITY AREA:

Breast cancer survivors -- let us pamper you at the Survivor Hospitality Tent with refreshments, massages and a special gift bag filled with goodies. Be a part of the Survivors Parade beginning at 7:20 a.m. from the Survivor Hospitality Tent to the main stage for the Survivors Ceremony which will begin promptly at 7:30 a.m. Also, participants who indicate on their entry form that they are a breast cancer survivor will receive a pink bib number and a complimentary pink cap and T-shirt from Zeta Tau Alpha.

CONTINUED ON OTHER SIDE:

Final Event Instructions - Please Read Carefully!

Komen San Diego Race for the Cure®
 C/O In Motion, Inc.
 6116 Innovation Way
 Carlsbad, CA 92009



QUESTIONS:

Email: info@inmotionevents.com
 Call: 760.692.2900
 Log on: www.komensandiego.org

SHOP KOMEN MERCHANDISE AT THE RACE!

At the Race you'll be able to buy fabulous gear at the "Shop Komen" trailer in the Race Expo area. The Komen Shop has the latest active looks to wear or to give as gifts for family and friends.

THANK YOU EVENT PARTICIPANTS:

Thank you for registering for the Komen San Diego Race for the Cure®. Because of your generous support and the support of the companies listed below, the Susan G. Komen Race for the Cure® is able to raise vital funds for the fight against breast cancer. In fact, 75% of every dollar from the San Diego Race stays in San Diego County to fund important local breast cancer education, outreach, screening, treatment and services for the uninsured or underinsured. The remaining 25% funds important national research. Next to the U.S. government, Susan G. Komen for the Cure is the largest funder of breast cancer research in the world. Don't let your journey stop with us. Take a step toward improving your own health by educating yourself about the disease and getting regular screenings. Step by step – we will win the Race!

THANK YOU EVENT SPONSORS:

